



LESMURDIE WARRIORS NETBALL CLUB

2024

SEASON INFORMATION PACK

UNLEASH THE WARRIOR IN YOU

**Lesmurdie Warriors
Netball Club Inc.**

Warriors

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Lesmurdie Netball Club Inc. is a grass roots Netball club that is affiliated with the Kalamunda & Districts Netball Association (KDNA). Our teams participate in the KDNA Winter Season and some also play Spring Netball and at other special carnivals during the year. Games are played on Saturdays during the season, except for NET and SET which are played on Friday afternoons, at the Ray Owen Netball Centre, Gladys Road Lesmurdie.

Registrations for the 2024 Season open on the Saturday 20th January. To allow for coordination of teams, all registrations need to be completed by Friday 23rd of February 2024. The 2024 season will begin on the Friday 26th & Saturday 27th April 2024.

We offer teams for players from Pre-Primary up to adults.

NET	Girls and boys in Pre-Primary and Year 1 (born between July 2017 and June 2019) This is a fun, skills-based program, no teams & no uniforms. This program is run by KDNA over 10 weeks on Friday afternoons, 4:30pm. Commencing 3rd May to Friday 26th July 2024.
SET	Girls and boys in Years 2 and 3 (born between July 2015 and June 2017) Games played Friday afternoons, games at 4:15pm. Friday 26th April to 23rd August 2024.
GO	Girls and boys in Years 4 and 5 (born between July 2013 and June 2015) Games played Saturday mornings 8.45am & 10.30am. 27th April to 23rd August 2024.
JUNIOR	Girls born between 1 January 2007 and 30 June 2013 (17 and under for the whole of 2024). Boys born between 1 January 2012 and 30 June 2013 (12 and under for the whole of 2024).
BOYS	Boys born between 1 January 2008 and 31 December 2011 (turning 13 to 16 in 2024) Details to be confirmed, please see more information further in this document.
SENIOR	Women born prior to 31 Dec 2006 (aged 18 or above at any time during 2024). Games played Saturday afternoons.
PREM LEAGUE	Three divisions - 17 & Under, 20 & Under, Opens. Players 15+ in 2024 may trial to these teams.



REGISTRATION NIGHT

We hold an annual registration night each season. **All registrations are to be completed online using the PlayHQ platform**, and you are under no obligation to attend the registration night, however it is a great opportunity to do any of the following:

- Try on, order and pay for uniforms and merchandise
- Sell us back your second hand uniforms
- Chat to our club umpire coordinator about umpiring in 2024
- Get help with online registrations if you have had difficulties at home
- Chat to committee members and ask any questions you have about our club and the 2024 season

WHEN: 4:30pm – 7:30pm, Tuesday 6th Feb 2024 **WHERE:** Ray Owen Sports Club – Social Room

IMPORTANT DATES

DAY	DATE	NOTE
Saturday	20st January	Online registrations open
Tuesday	6th February	LWNC Registration Night 4:30pm – 7:30pm
Sunday	11th February	Last date to order uniforms for Tuesday 2nd April collection
Tuesday	20th February	Uniform Try on session at Ray Owen
Friday	23th February	LWNC 2024 registrations close
Wednesday	28th February	Session #1 Junior grading evening
Thursday	29th February	Session #2 Senior grading evening
Friday	1st March	Premier League Trials 5.30pm to 7pm
Tuesday	27th February	Last date to order uniforms for 16th April collection
Approx	18th March	Teams are finalised and coaches will contact players
Tuesday	2nd April	Uniform and Merchandise collection at Ray Owen 6pm – 8pm
Tuesday	16th April	Uniform and Merchandise collection at Ray Owen 6pm – 8pm
Friday	19th April	Coach Education 6pm - 8pm (Core Shooting)
Saturday	20th April	Coach Education 8am to 6pm (Core Foundation, Core Development, Session & Season Planning)
Friday	26th April	First game of the season (SET teams & Premier League)
Saturday	27th April	First game of the season (GO, Junior & Senior teams)
Friday	3rd May	NET program starts
Fri & Sat	31st May & 1st June	No games – long weekend
Fri & Sat	5th July & 6th July	No games – school holidays
Fri & Sat	12th July & 13th July	No games – school holidays
Friday	26th July	Last NET session for the year
Friday	23rd August	Last SET games for the year
Saturday	24th August	Last game for teams not playing finals
Saturday	31st August	Semi Final
Saturday	7th September	Preliminary Finals
Saturday	14th September	Grand Finals

FEES

Contact Iris: lwnc.treasurer@gmail.com

Our fees for the 2023 Winter Season are as follows.

PLEASE NOTE THAT OUR FUNDRAISING LEVY IS BUILT INTO THE FEES IN 2024.

PLAYERS		NETBALL WA FEE	NETBALL AUSTRALIA FEE	KDNA FEE	WARRIORS FEE	TOTAL PAYABLE
NET	Pre-Primary & Year 1	\$79.54	\$4.49	\$65.00	\$0.97	\$150.00
SET	Year 2 & 3	\$79.54	\$4.49	\$70.00	\$48.97	\$203.00
GO	Year 4 & 5	\$79.54	\$4.49	\$125.00	\$43.97	\$253.00
JUNIOR	Year 6 and above, but below 18 for the whole of 2024	\$96.93	\$4.49	\$145.00	\$51.58	\$298.00
SENIOR	Aged 18 or over at any time in 2024	\$101.01	\$4.49	\$150.00	\$47.50	\$303.00

This season all payments for fees are taken Online via PlayHQ prior to the beginning of registration.*

If you wish to discuss alternative payment arrangements please contact our Treasurer at lwnc.treasurer@gmail.com

**This year there is also the choice to pay in four installments if required.*

KIDSPORT

www.dlgsc.wa.gov.au/funding/kidsport

KidSport enables eligible Western Australian children aged 5 to 18 years to participate in community sport by offering them financial assistance of up to \$300 per financial year towards club fees.

Due to changes in the registration system this year KidSport must be applied for BEFORE beginning your registration as you will need to enter your KidSport voucher at the time of registration.



Department of
Local Government, Sport
and Cultural Industries

1. Apply for the voucher via www.dlgsc.wa.gov.au/funding/sport-and-recreation-funding/kidsport
2. When registering to play on PlayHQ ensure you have your voucher code handy
3. Complete the registration process all the way through to the checkout
4. When you reach the checkout click on the link 'I have a Government Voucher' below the voucher box
5. From the drop down menu select 'KidSport (WA)' then enter the Voucher Code into the box
6. Select the \$ amount of the voucher you would like to use toward these fees
7. Click 'apply'
8. Your fees will now be reduced and the balance can now be paid



PREMIER LEAGUE

Premier League is the Friday night competition offered by KDNA. It is an higher level of competition to Saturday netball, with three age brackets in 2024 being 17&U, 20&U and Opens. Warriors are looking to field Premier League teams this season and are holding trials open to players aged 15 and over who are interested in playing high level netball. Players selected to participate in Premier League teams will be notified after trials are completed and sent a team registration link.

BOYS

Provided there is sufficient interest, boys up to the age of 12 are able to play in the regular KDNA competition. It is hoped that boys aged 13 - 16 will be eligible to play in a boys only competition in 2024. KDNA are seeking expression of interest for boys that born between 1st January 2008 to 31st December 2011 (turning 13 - 16 in 2024) & men 16+.

Please complete KDNA's expression of interest form online if you are interested in playing.



GRADING DAY

Juniors: Wednesday 28th Feb. Seniors Thursday 29th Feb.

The grading day helps the grading committee to finalise the team lists and also helps us to grade our teams internally for division requests to KDNA. Further information will be provided to players on when they are required to attend, closer to the date.

FUNDRAISING LEVY

As a volunteer run community club, we require our players and their families to contribute towards fundraising each year to help with the ongoing running costs of the club. These costs include equipment costs for training and games and coaching accreditations along with various other things. This year, a fundraising levy is built into our fees for all players. Our fundraising levy of \$15 per player is included in our player fees.

We will be holding some major fundraising events and families will be offered an opportunity to assist the committee to run these events. All families who assist at these events will be eligible to claim a refund of the fundraising levy portion of their fees.

UMPIRES

As a club we must provide a certain number of umpires each season. We ask all trained umpires to let us know whether they will be participating each year. If you are an umpire, you can chat to our umpire coordinator, Ciara Thackray, at the Registration Night. Alternatively, she will be in touch with you prior to the start of the season.

KDNA run a fantastic umpire training program over the Winter season and Lesmurdie Warriors encourage all our eligible players to take part.

Those netballers aged 12 and up can also register their interest in taking part in the umpire training program with Ciara at the Registration Night.

CODE OF CONDUCTS

We expect our players, coaches, administrators and spectators to conduct themselves at the highest level of respect, courtesy and sportsmanship. All players (and their parents in the case of Junior players) must indicate that they have read and understood our Players Code of Conduct at the time of registration and coaches and administrators must all sign a paper copy of their relevant Code of Conduct prior to the commencement of the season.

Players and parents/guardians of junior players will also be required to sign a document to indicate that they accept the code of conduct at a training session prior to the first game. Your coach will advise you of when this will happen.

Please find a copy of our codes of conduct sent separately. They are also available to view on our website.



Warriors

UNIFORMS

New game day uniforms are available for purchase from the club. This year you will have three opportunities to collect uniforms prior to the season. The first is our registration night (6th Feb) where our uniform coordinator, Vicki, will have uniforms available for trying on, buying or ordering. We will also have two collection dates when orders can be collected or new orders made.

SET, GO, Junior, Senior and Premier League players will all have the choice to wear either a dress or our new shorts and singlet uniform. Please see our updated Uniform Policy for more information.

New players registering with the club for the first time will receive a free pair of club socks! These will be issued to players at pre-season training.

Uniform Collection dates: Tuesday 2nd April & Tuesday 16th April at Ray Owen Sports Centre.

The LWNC uniform policies can be found at the end of this document.

ITEM	PRICE
Sport Dress	\$65.00
Top Single	\$40.00
Shorts Single	\$35.00
Warriors Socks	\$12.00

PLEASE NOTE THAT WE HAVE NEW BANK DETAILS.

Account Name:

Lesmurdie Warriors Netball Club

BSB: 633 000

ACCOUNT NUMBER: 180 947 194

Reference:

If paying for fees {Players Name} fees – example "Mary Smith fees"

If paying for uniforms or merchandise orders {Players Name} uniform – example "Mary Smith uniform"

SECOND HAND UNIFORMS

A selection of second hand uniforms are also sold by the club, please note that sizes are dependent on what is available at the time. We also buy back second hand uniforms from players that are in good used condition. Currently we pay \$30 for dresses, \$20 for singlets and \$20 for shorts, and sell them on at the same price. All available second hand items will be on display for purchase at our registration night and the two collection evenings.

MERCHANDISE

Contact Vicki: lwnc.uniforms@gmail.com

We sell a selection of LWNC branded items which will be available for order and sale at the registration night and the two collection dates above. You can also email completed merchandise order forms to lwnc.uniforms@gmail.com. Please find the merchandise pricelist and order form documents sent separately. These are also on our website for your convenience.

Warriors



UNIFORM POLICY

No jewellery is to be worn, long hair is to be tied back and fingernails are to be cut short. Tape covering long fingernails and/or jewellery is not allowed.

SET, GO, Junior & Senior Players

The following items are to be worn by all Lesmurdie Warriors GO, Juniors & Seniors players on game days. Players without correct uniform will not be allowed to take the court. New dresses, singlets, shorts and socks are available for purchase from the club, as well as some second-hand dresses, singlets and shorts. We are happy for bloomers to be purchased from any retail store provided they resemble the below example. We also recommend that good quality sport sneakers are worn to both games and training.

Girls and Boys - Dress, navy or black boyleg bloomers or Singlet and Shorts, club socks (all compulsory)



NET (Pre-Primary & Year 1)

There is no compulsory uniform for NET players however players are provided with a NetSetGo T-Shirt by Netball WA and it is recommended that this is worn at NET training night with comfortable shorts or leggings. We also recommend that good quality sport sneakers are worn.



INCLUSIVE UNIFORM HIGHLIGHTS NETBALL'S EVOLUTION!

Netball Australia has released an updated uniform policy that reduces barriers to play and amplifies netball opportunities for all.



COMMITTEE MEMBERS

TITLE	NAME	CONTACT
President	Kate Pustkuchen	lwnc@outlook.com
Vice President	Lee Fox	lwnc@outlook.com
Registrar	Iris Breadsell	lwnc.registrar@gmail.com
Secretary	Lee Fox	lwnc@outlook.com
Treasurer	Iris Breadsell	lwnc.treasurer@gmail.com
Fundraising Coordinator	Linzi Moore	lwnc.fundraising@gmail.com
Uniform/Merchandise Coordinator	Victoria Avery	lwnc.uniforms@gmail.com
Social Media Coordinator	Kiah Weaver	lwnc.socials@gmail.com
Equipment Officer	Erin van der Helder	
Umpire Coordinator	Ciara Thackray	
Coach Mentor	Lee Fox	
Events Coordinator	Shireen Pivac	
General Committee Member	Fiona Dadswell	
General Committee Member	Asha Harrison	
General Committee Member	Rachel Boyes	
General Committee Member	Sonja Sullivan	

OUR VALUES

TEAMWORK We believe all club members, from the players to the coaches & parents should be committed to supporting each other in the team's endeavours. Team participation should enhance people's natural enjoyment of sport and promote friendship.

INTEGRITY We act in a fair, consistent, transparent and honest manner in all our actions. We believe in fair play, being humble in victory and gracious in defeat.

RESPECT We have thoughtfulness for the feelings, wishes, or rights of others – including teammates, coaches, umpires and the opposition irrespective of our differences – to create a friendly and welcoming club culture.

COMMUNITY We believe in community spirit & being able to include a diverse group from all age groups and all background types.



FREQUENTLY ASKED QUESTIONS

- **Why is the registration so long before the season starts?**

Due to changes by Netball WA, we need to have players registered and teams nominated earlier. Therefore, we need players to be registered earlier. We appreciate your understanding.

- **How can I pay my registration fees?**

Registration fees are paid online at the time of registering. If you are experiencing difficulties paying your fees, please contact our Treasurer at lwnc.treasurer@gmail.com

- **Do I have to pay a fundraising levy?**

Due to decreased opportunities to raise funds in the way we have in prior years, Warriors now has a fundraising levy built in to all our players fees. It is payable by all registering players.

- **What if I help with fundraising?**

The committee will provide a couple of opportunities for players/families to assist us with fundraising during the season. Those who help out will be eligible to claim back the fundraising levy portion of their fees (\$15). Details of these events and how to claim your refund will be sent out with the fundraising opportunity information.

- **What if I have more than one child, do I pay the fundraising levy for each child?**

Each player pays the fundraising levy in 2024 as part of their player fees.

- **If I have more than one child can I claim more than one fundraising levy refund?**

If you have more than one player in your family and your family assists with fundraising more than once (either several helpers at once or one helper on several occasions) you can claim a refund for an each helper, up to the total number of registered players in your family.

- **How are teams decided?**

Once all registrations are in and the grading day has been held, the grading committee members will finalise the team lists. They will take into consideration players ages, skill, past teams, friend groups and special requests. We endeavour to have all players in the best possible team that is appropriate for them.

- **Can I make a request as to what team my player is in?**

We are happy to receive requests from players in relation to what team they would like to play in. Please note that we try our best, however we cannot guarantee that we will be able to make all requests happen.

- **How are coaches selected and allocated to teams?**

As a community-based club, our coaches are all volunteers. We aim to select coaches that align with our Codes of Conduct and allocate them to teams based on their experience and training. We also provide our coaches with training opportunities to ensure that they are adequately qualified to coach their team.

- **Can I coach a team or be a team manager?**

If you are interested in coaching or helping out as a team manager, please contact our President, Kate Pustkuchen, at lwnc@outlook.com or send a message via the Facebook group. We will require you to complete our coaching form available on our website.

- **When will I find out what team I am in?**

Once all the teams are formed, the coaches of each team will contact the players to let them know details of training times and days and other information. This is likely to be in mid March.

- **When do teams train and for how long?**

Once the teams are formed and coaches allocated, the individual coaches and team managers will determine when the teams will train. They will contact players directly with this information prior to the commencement of pre-season training. Most teams either train at Ray Owen (on the outside courts), Walliston Primary School or at the Maida Vale courts.

- **When will we get fixtures?**

KDNA will release fixtures a few weeks prior to the start of the season. We will then pass this information on to coaches and players. Weekly fixtures will also be posted on our Facebook page.

- **Can boys play in LWNC teams?**

Yes, they can, please refer to the boys section in this document.

- **What time will games be?**

Game times are determined by KDNA and until they release fixtures, we are unable to confirm game times. However, these are estimated times based on prior seasons:

NET PROGRAM: 4:30pm Friday afternoons

SET GAMES: 4.15pm or 4:30pm Friday afternoons

13's: 8.45am, 10.30am or 12.15pm

15's: 10.30am, 12.15pm, 2pm or 3.45pm

17'S / OPENS: 12.15pm, 2pm or 3.45pm

FINALS 13's & Up: 10am, 12pm, 2pm or 4pm

BOYS & MEN: TBA

PREM LEAGUE: Friday 6.45pm or 8.15pm

- **What do we need to pay for besides the season fees?**

Each player is required to wear a uniform on game day so this is an additional cost. See the uniform section above for more information about prices. All other training equipment is provided by the club.

- **How do I order a uniform/club merchandise?**

You can order via your online registration form. We will also be taking orders for uniforms and merchandise at the Registration Night. You can also email your order to us; however, we prefer you come and try on the dresses before ordering as sizes are not standard. Uniforms will then be collectable in late March and April – see important dates.

- **Can I get my new jacket/hoodie/bag embroidered with my name?**

Yes! We organise that for you. Just let us know your name when you order and we will get it sorted. This is included in the price of the item.

- **Can we buy second hand uniforms?**

Yes, we have a small selection of second hand uniforms which will be available to try on and purchase at the registration night. First in, best dressed.

- **What can I do with my uniform I don't need anymore?**

We will give you cash back for any good, used condition LWNC uniforms that you no longer need. Please bring them to the registration night or contact us by email.

- **What do players wear to training?**

Players are expected to wear appropriate training/fitness clothes and footwear (sneakers) to training. Please also bring a bottle of water! No jewellery should be worn to netball training.

- **I've just had my ears/nose/face pierced; can I leave the piecing in for games while it heals?**

No, umpires will not allow players to take the court with piercings, even if they are covered by tape.

- **Can I wear gloves if I don't want to cut my fingernails?**

No, umpires will not allow players to wear gloves on the court in Saturday Netball. Fingernails must be short and neat to take the court. KDNA have in the past issued a one-week exception in relation to gloves for players who are attending a school ball with false nails, please speak to the office staff if this applies to you.

- **I wear a medic alert bracelet; can I wear this on the court?**

Please contact us if this is an issue for you, we may be able to apply to KDNA for an exemption under medical grounds to the no jewellery rules.

- **Can I wear a mouthguard while playing Netball?**

Yes, mouthguards are fine.

- **Will my team play at carnivals?**

There are several opportunities for teams to register and play in carnivals throughout the year. The individual team coaches and managers choose whether to enter these additional competitions. Please note that there is likely to be additional costs for players to participate in these carnivals, your season fees will not cover these. Speak to your coach if you have any questions about carnivals.

- **Will my team play on inside courts or outside courts?**

Ray Owen has both inside and outside courts. KDNA set the fixtures and generally teams will play on both inside and outside courts throughout the season.

- **Do we need to help with scoring, timing, bringing fruit or umpiring on game days?**

Each team needs to provide either a scorer or timer each week. Your coach or team manager will let you know if you are required to assist with this. Many teams work on a roster system. They may also request that you bring fruit or something similar to share. Umpires are provided by KDNA or Warriors.

- **Will outside games continue in bad weather?**

KDNA have a weather policy in relation to determine whether games are called off in extreme conditions. Generally, games will not be canceled because of rain, even if it is heavy. Games will be called off in the event that there is a lightning storm. The decision to cancel games will be made by KDNA on the day.

- **Is my player covered by insurance?**

Part of your player fees goes towards insurance for players through Netball WA. You can find out more about this insurance and what it covers and how to make a claim at this website. <https://wa.netball.com.au/insurance>

- **What happens if my player receives an injury during a game?**

Your coach/team manager will deal with the issue in the first instance. Ice is available from the front office on request. You should also complete an incident report form which is available from the office in case there are any insurance consequences down the track.

- **I have an injury; do I need clearance to come back to play?**

At the club's discretion, you may require clearance from a medical professional (GP, physiotherapist) for serious injuries.

- **How can I stay up to date with Warriors news and information?**

Follow our Facebook & Instagram pages! All the latest information will be posted there including fixtures, photos and general club news. www.facebook.com/lesmurdiewartriors. We will also send emails with some important updates throughout the season.

- **How can I contact the club if I have a question or complaint?**

You can email us at lwnc@outlook.com or send us a Facebook message through our Facebook page. You can also seek out one of our committee members during games on Saturdays.

- **Can I call someone from Warriors on the phone with a query?**

As our committee are all volunteers, most of whom also work and have families, we prefer that you send an email or Facebook message with your query. If necessary, we can then call you back at a convenient time.

- **What do I do if I am unhappy with something during a game?**

Speak to your team manager or coach. They will then determine whether a committee member or KDNA official needs to be consulted. Under no circumstances should you approach any KDNA officials without consulting with your coach or team manager.

- **Will COVID-19 be an issue for community netball in 2024?**

We don't know! However, should KDNA be required to bring in special rules and requirements, our players, officials and spectators will be expected to follow them with a smile on their face!

- **Can I request to play/not play at specific times?**

Unfortunately KDNA is unable to offer individual players or teams time-slot requests. Due to the large number of players at KDNA they are unable to cater to requests to have game times to suit other activities including work, other sports or school activities.

- **Where do my fees go?**

Fees are comprised of payments to Netball Australia, Netball Western Australia, KDNA & LWNC as per pricing section found in this document. LWNC's portion goes toward team equipment, administration costs such as the website, coach training & development and end of season awards, trophies & memorabilia.

